

Rules and Guidelines for Entry into “The Coastal Kitchen” contest:

- 1) Entrant must be a permanent resident in ATMC territory in Brunswick County or Columbus County, NC.
- 2) Entrant must be 18 years of age or older.
- 3) No more than two entrants per video.
- 4) Video must be filmed in entrant’s home or their personal commercial kitchen.
- 5) Video must be no longer than 5 minutes.
- 6) The video must include a brief description of cooking experience, and a quick demonstration of his/her abilities.
- 7) Entrant must include name and contact information delivered in addition to the video.
- 8) Submissions of video auditions can be made in the following ways:
 - a. Mail a DVD to the ATMC Headquarters at (must be delivered by March 30th):

ATMC
ATTN: Jennifer Beasley
P.O. Box 3198
Shalotte, NC 28459
 - b. Drop off a DVD to the ATMC Headquarters.
 - c. Email the minute long video to: atmctv@atmc.coop
 - d. Post the video to the ATMC Facebook page. (Search: “ATMC”)
- 9) Deadline for entry is March 30th, 2012 at 11:59 PM.
- 10) No purchase is necessary.
- 11) Only one entry allowed per person.